



## GRIND GRID

Date \_\_\_\_\_  
 Estimated time \_\_\_\_\_  
 Actual Time \_\_\_\_\_  
 Keys to success \_\_\_\_\_  
 Greatest Challenges \_\_\_\_\_

Ray Santiago III  
 ray3@renewedmindperformance.com  
 805.901.7923  
 www.renewedmindperformance.com

94	10	02	30	56	50	60	06	57	55
01	75	21	31	03	51	61	71	81	91
20	12	45	62	42	15	32	72	82	92
41	13	23	33	43	53	63	09	83	93
04	14	24	64	44	54	34	74	48	00
05	52	25	35	22	90	65	11	85	95
70	16	26	36	46	40	66	76	86	96
07	17	27	77	47	80	67	37	97	87
08	88	28	38	84	58	68	78	18	98
73	19	29	69	49	59	39	79	89	99

**Grind Grid #1**  
**Hours 3-6**



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41	13	23	33	43	53	63	09	83	93
90	14	22	64	44	56	84	02	48	00
06	10	30	35	94	05	65	11	85	95
70	16	26	36	46	40	66	76	86	96
50	17	27	77	38	60	82	37	97	87
08	39	28	49	84	58	68	78	18	29
73	19	98	69	47	59	88	79	89	99

**Grind Grid #2**  
**Hours 15-17**



## GRIND GRID

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20	12	95	24	84	15	32	72	67	92
41	13	05	82	98	28	63	09	83	93
87	52	38	64	44	56	49	02	39	34
80	59	54	85	77	23	65	66	35	45
25	16	26	50	04	73	11	76	86	96
36	17	27	94	22	60	33	08	03	90
37	48	53	99	42	58	55	78	18	29
40	19	43	69	47	10	88	79	89	00

**Grind Grid #3**  
**Bonus**



## GRIND GRID

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**Grind Grid #1**  
**Hours 3-6**



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**Grind Grid #2**  
**Hours 15-17**



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**Bonus**



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**Grind Grid #2**  
**Hours 15-17**



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**Bonus**